Instructions for Resetting your CUNYfirst Account Password

If you have already claimed your CUNYfirst account and require a password reset, please follow the below instructions:

To reset your CUNYfirst account, enter URL [https://www.cuny.edu/](https://www.cuny.edu/) into an internet browser and select CUNYfirst from the LOGIN dropdown located at the upper right-hand corner of the website.
1. Select “Forgot Password”.

2. Enter your CUNYfirst Login orEMPLID.

3. Provide the answers to the challenge questions.
4. Enter your new password and confirm.

5. You will receive a confirmation message and an email to your acknowledging the change.

If you have any questions or concerns, please contact the CUNY SPS Help Desk at helpdesk@sps.cuny.edu or 646.664.8592.