MORNING START

BREAKFAST PACKAGES

ALL PRICES ARE PER PERSON. Rise and shine with our delightful selection of breakfast packages and services. Whether you prefer sweet or savory, light or hearty, cold or hot, you’ll find plenty of options to start the day off right. All prices are per person.

10-guest minimum. Please place your breakfast orders by 3:00 pm the day before.

Kickstart Continental $7.50
An elegant display of freshly baked miniature muffins, bagels, croissants and danishes, served with butter, cream cheese and preserves. Includes hot beverage service and orange juice.

Mighty Morning $12.95
Fluffy scrambled eggs. French toast or pancakes with a choice of sausage (pork or turkey) and bacon (pork or turkey). Served with home fries and miniature bagels with butter, cream cheese and preserves. Includes hot beverage service and orange juice.

Executive $12.50
Smoked Scottish salmon with lemon wedges, capers, sliced red onion and tomato, served with NY bagels and cream cheese. Includes hot beverage service and orange juice.

Healthy Start $11.50
An enticing display of assorted wholesome multigrain muffins accompanied by granola, low-fat vanilla yogurt and a medley of seasonal fresh fruit. Includes hot beverage service and orange juice.

On-The-Go Box Breakfast $8.50
Your choice of a muffin or bagel with cream cheese or butter, served with yogurt, whole fruit and a small Tropicana juice.

Healthy On-The-Go Box Breakfast $8.50
A whole-grain muffin served with Greek yogurt parfait and granola. Includes bottled water.

Light and Fit $7.00
A healthy serving of Greek yogurt, granola and mixed-berry parfait. Includes hot beverage service.

Food Fuel $14.00
A delicious assortment of donuts. Includes hot beverage service.

ADD-ONS

Add fruit salad $3.50 pp
Add Starbucks coffee $1.50 pp
Add bottled water $1.50 each

MID-DAY MOUTHFULS

LUNCH PACKAGES

ALL PRICES ARE PER PERSON. Complete sandwich and salad meals for all taste buds, packaged for your convenience in individual boxed meals or platters.

10-guest minimum.

Lunch #1 - Handfuls and Forkfuls $13.75
Tasty arrangement of sandwiches served on an assortment of fresh breads and wraps. Premium-Brand Roast Turkey & Cheese, Black Forest Ham & Cheese, All White-Meat Chicken Salad, Deluxe Gourmet Tuna Salad, Roast Beef and Fresh Mozzarella w. Roasted Peppers. Accompanied with a mesclun salad or classic Caesar salad, tri-color tortellini with basil pesto and fresh-baked cookies. Includes assorted canned soda or bottled water.

Lunch #2 – More Than a Handful and Forkful $15.90
Delectable display of sandwiches served on an assortment of fresh, gourmet specialty breads: Premium-Brand Roast Turkey & Cheese, Black Forest Ham & Cheese, All White-Meat Chicken Salad, Deluxe Gourmet Tuna Salad, Roast Beef and Fresh Mozzarella w. Roasted Peppers. Accompanied with fresh apple, a bag of chips and a fresh-baked cookie. Includes assorted canned soda or bottled water.

Grab-and-Go Box Lunch $12.95
A flavorful array of sandwiches served on an assortment of fresh mini-croissants, rolls and wraps: Premium-Brand Roast Turkey & Cheese, Black Forest Ham & Cheese, All White-Meat Chicken Salad, Deluxe Gourmet Tuna Salad, Roast Beef and Fresh Mozzarella w. Roasted Peppers. Accompanied with a mesclun salad or classic Caesar salad, tri-color tortellini with basil pesto and potato chips. Includes fresh-baked cookies and brownies or a medley of seasonal fresh fruit salad. Includes assorted canned soda or bottled water.

Healthy Grab-and-Go Lunch Box $14.75
All sandwiches served on whole-grain bread, choice of grilled chicken with roasted pears or grilled vegetable sandwich, served with a granola bar, healthy chips, whole fruit and bottled water.

Healthy Start $11.50
A healthy serving of Greek yogurt, granola and mixed-berry parfait. Includes hot beverage service.

Flavors of the World

Let us create a menu full of your favorite foreign delights, including West Indian, Indian, Asian, Spanish and Mexican. We cater delicious ethnic dishes for any event. Call for pricing.

SERVED AS YOU WISH

ENTIRE MENU

Gluten-Free, Vegetarian and Vegan upon request
Linen Tablecloths & Napkins
China & Silverware
Waitstaff
Call for pricing.

INFO@MBJDOWNTOWN.COM 212.587.3330
**THE EXECUTIVE MEAL**

**ENTRÉE PACKAGES**

**Served with:**
- Assorted Canned Soda OR Bottled water
- Medley of seasonal fresh fruit salad or homemade fresh baked cookies & brownies.

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**Chicken & Turkey**

- **Chicken Marsala**
  - Herb- & garlic-seasoned chicken breast in a Marsala wine and mushroom sauce
- **Chicken Francese**
  - Sautéed chicken breast in a garlic cream sauce
- **Chicken Parmigiana**
  - Boneless chicken breast layered with mozzarella and tomato sauce
- **Chicken Piccata**
  - Sautéed chicken breast in a lemon and white wine sauce with capers
- **Sausage & Turkey**
  - Assorted canned soda or bottled water

**Salads & Sandwiches**

**The Simply Delicious Salad**

A large salad with grilled chicken and your choice of dressing, served with dinner rolls, fruit salad and bottled water.

**Seafood**

- **Baked Ziti**
  - Ziti in tomato sauce baked with creamy ricotta, mozzarella and parmesan cheeses
- **Penne a la Vodka**
  - Penne tossed in a tomato, garlic, basil and vodka cream sauce
- **Baked Mac & Cheese**
  - Macaroni pasta baked in an Italian cheese sauce
- **Vegetable Lasagna**
  - Lasagna with creamy ricotta, mozzarella and parmesan cheeses packed with fresh garden vegetables, served with a garden salad.

**Rice OR Potato OR Vegetable**

- **Rice Pilaf**
  - Spanish-Style Rice with beans. Long-grained rice and beans with sautéed onions, peppers and herbs
- **Caribbean-Style Rice with Beans**
  - Long-grained rice and pink beans with warm flavors of coconut
- **Yellow Rice**
  - Rice flavored with saffron, onions and garlic
- **Fried Rice**
  - Steamed rice stir fried with eggs and fresh garden vegetables
- **White Rice**
  - Steamed fluffy white rice
- **BASMATI RICE**
  - Traditional Indian long-grained rice
- **Potato Wedges**
  - Fresh baked with seasonings

**BBQ Chicken**

- **BBQ Chicken**
  - Served with assorted fresh fruit salad

**BBQ**

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**Pasta**

- **Pasta (choose one)**
  - **Baked Ziti**
  - Ziti in tomato sauce baked with creamy ricotta, mozzarella and parmesan cheeses
- **Bolognese**
  - Ziti in a zesty tomato and beef sauce

**HotShot Heroes**

- Authentic Hero Sandwich served on fresh-breaded bread.
- Your choice of:
  - Chicken Parmesan, Meatball Parmesan, Sausage & Peppers, Eggplant Parmesan, Grilled Chicken with Fresh Mozzarella & Roasted Red Peppers
  - Breaded Chicken with Roasted Red Peppers
  - Served with salad, cookies/brownies or fruit salad
  - Includes soda or bottled water

**Served with:**
- **Mesclun salad**
- **Caesar salad**
- **1 Pasta**
- **Rice OR Potato**

**SWEET TOOTH**

- **Tilapia filet**
  - Full of spicy New Orleans flavor
  - Served with salad, cookies/brownies or fruit salad

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**SALADS + SANDWICHES**

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- **Mesclun salad**
- **Caesar salad**
- **1 Pasta**
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**Seafood**

- **Baked Ziti**
  - Ziti in tomato sauce baked with creamy ricotta, mozzarella and parmesan cheeses
- **Penne a la Vodka**
  - Penne tossed in a tomato, garlic, basil and vodka cream sauce
- **Baked Mac & Cheese**
  - Pasta baked in a tomato cheese sauce
- **Vegetable Lasagna**
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  - Breaded Chicken with Roasted Red Peppers
  - Served with salad, cookies/brownies or fruit salad
  - Includes soda or bottled water

**Served with:**
- **Mesclun salad**
- **Caesar salad**
- **1 Pasta**
- **Rice OR Potato**

**SWEET TOOTH**

- **Tilapia filet**
  - Full of spicy New Orleans flavor
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**POWER BITES**

- **$17.50**
  - Per person with a 10-guest minimum.
  - Additional entrees: $7.95 per person
  - All entrees include your choice of:
  - **Mozzarella**
  - **Breast stuffed with fresh spinach or asparagus**
  - **Wine, butter and lemon sauce**
  - **Barbeque sauce**
  - **Lemon and white wine sauce with capers**
  - **Wine and mushroom sauce**

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**SNACK #1 - SWEET TOOTH**

- Fresh-baked cookies and an arrangement of sliced seasonal fruit. Includes coffee and tea service, assorted canned soda or bottled water.

**SNACK #2 - CLASSY SNACKS**

- Medley of seasonal fresh fruit and an assortment of cheeses served with a variety of crackers or seasonal vegetable crudites with creamy buttermilk dressing. Includes assorted canned soda or bottled water.

**SNACK #3 - SERIOUS SNACKS**

- Any style chicken wings (Buffalo, honey BBQ, breaded and sweet chili glazed and seasonal vegetable crudites served with creamy buttermilk dressing, fresh fruit salad or fresh-baked brownies. Includes assorted canned soda or bottled water.

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**SWEETS & SAVORIES**

- Cookies $2.75
  - Cookies & Brownies $5.95
  - European Pastries $5.95
  - Sliced Seasonal Fruit Platter $5.95
  - Seasonal Fresh Fruit Salad $5.25
  - Assorted of Cheeses $5.95
  - Seasonal Vegetable Crudites $5.75
  - Tortilla Chips $5.95

- Fresh Mozzarella & Roasted Red Peppers
  - Served with salad, cookies/brownies or fruit salad
  - Includes soda or bottled water

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**EDIBLE EVENTS**

- **$35**
  - Upon Request Will Provide List of Options. Includes waitstaff
  - Wedges of Cheese & Crackers
  - Crudite
  - Petit Fours

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**SMALL BITES - PASTED HORS DEVOURS**

- **$28**
  - 20-guest minimum.
  - Mix and match your favorite snacks with convenient platters or create individually bundled packages.
  - All prices are per person, 10-guest minimum.

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**SWEETS & SAVORIES**

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  - Cookies & Brownies $5.95
  - European Pastries $5.95
  - Sliced Seasonal Fruit Platter $5.95
  - Seasonal Fresh Fruit Salad $5.25
  - Assorted of Cheeses $5.95
  - Seasonal Vegetable Crudites $5.75
  - Tortilla Chips $5.95
  - Cookies $2.75
  - Whole Grain Chips $2.00
  - Hot Beverage Service – Coffee and Tea $2.75
  - Assorted of Fresh-Baked Cookies and Hot Beverage Service $5.25
  - Starbucks Coffee $3.50
  - Canned Soda $1.50
  - Bottled Water $1.50
  - Assorted Juices $2.25

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**ALL PRICES ARE PER PERSON, 10-GUEST MINIMUM.**